

ISLAMIC MODEL TO IMPROVE STUDENT MORALS IN MILENIAL ERA

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Abstract

The purpose of this work is to provide references related to Islamic guidance and counseling. Islamic counseling guidance plays an important role in education in Indonesia because the majority of the population in Indonesia are Muslims, so in this case Islamic counseling becomes a model that is able to provide a trigger for problems that occur especially in the world of education in facing this increasingly advanced age commonly referred to as the millennial generation. In this millennial generation, individuals can be very easily influenced and can cause positive and negative effects especially in the use of social media, gadgets etc., things that are very vulnerable to influence even have a negative impact so that many experience moral decadence. In this case Islamic counseling is expected to be able to provide a solution to this problem through several methods of service provided. So that students have good morals that are in accordance with religious teachings and become good individuals. Islamic counseling in order to be able to develop human nature, with the hope that guided individuals can become better individuals on the basis of Islamic values contained in the Qur'an and hadith so that they can obtain happiness in the world and in the hereafter.

Keywords: *Islamic counseling, morality, millennial era.*

Introduction

Developments from time to time have had a lot of impacts, both negative and positive ones, the development of the era cannot be dammed, there is no other way than to deal with it. Nowadays the era is entering the 21st century, the digital era or also called the millennial era. This era has a very complex impact, because there are many advantages from the development of technology and information in it, but on the other hand the worries about the adverse effects are also getting bigger. One of the worrying effects is a shift in morale and lifestyle. The existence of technology makes everything very easy to access, easily obtained even only through the fingers. Information is easily entered and can be accessed by anyone, from any age and age, does not take into account the readiness of the recipient of the information.

It becomes a special concern when the sophistication of technology and information received is not in accordance with the age and readiness of the recipient, so that the expected positive target becomes reduced and even turns negative. Of course, with these changes, special handling is needed immediately so as not to drag on and damage the younger generation in particular. It is unfortunate when we see many young people who instead use technology,

technology is used instead. In addition there are also people who use technology that is out of place, even using it for criminal acts. There is plenty of evidence that technology is currently being used for crime, Indonesia's ranking in internet crime in the world has replaced the position of Ukraine which previously occupied the first position. According to verisign research, the company that provides intelligence services in cyberspace is based in California, USA. Crimes on social media in Indonesia have characteristics not only national but also global in nature that can penetrate space and time, have no national borders, do not know jurisdiction, and can be done from anywhere and anytime. In 2013 the Ministry of Communication and Information gave data that Indonesia was the cause of the attack in the ranks after China. In that year there were 36.6 million incidents in Indonesia. So that this becomes a thing that must be avoided and how to respond to something.

Education has an important role in preventing or overcoming threats that can damage the next generation of the nation, or in this era known as the millennial generation. The generation that is very familiar with the sophistication of this technology needs special care and education according to their characteristics and needs. Seeing from the many cases that occur, indicates that moral is sometimes ignored in acting, many of which prioritize personal interests and pleasures, moral education became important in this era. Educational institutions themselves, schools have a profession of Guidance and Counseling that has tasks in terms of potential, personality, and helping individuals who have problems. The young generation can easily become a target for moral inculcation because their unstable, emotional condition, likes to imitate and is looking for new experiences, fatal problems when immoral behavior is famous from the environment and the people around it (Muzakkir, 2015). Therefore, the cultivation of a moral basis is very important to be instilled early, let alone see the influence not only of the environment but also can be easily obtained from developing technology and information.

With regard to morals, western theoretical approaches have not been deemed to have been able to help overcome the moral crisis that occurred, seeing Indonesian cultural customs oriented towards the eastern region which was closely related to its Islam. Guidance and Counseling itself has a special approach to dealing with morals, one of them is Islamic Guidance and Counseling.

Seeing Indonesian customs as closely related to eastern culture, Islamic counseling is considered the right way. Besides that, the intellectual side alone is not enough to succeed and give happiness to an individual, but it is important to touch it also from the spiritual side.

Literature Review

A. Islamic

Counseling The term counseling comes from English, namely *counseling*. While the word counseling according to Echols & Shadily (1992: 150) comes from the word *to counce*, the meaning is giving advice or giving advice to the counselee face-to-face and can also be interpreted *advice*, which means advice or advice. According to Al-Mawrid (1996: 222) the word "*counsel*" comes from Arabic, namely نصيحة (*naṣiḥa*), which means good advice.

The notion of Islamic counseling is the provision of assistance guided by the Qur'an and the Sunnah of the Prophet, wherein there is activity providing lessons, guidelines, and guidance to someone who asks for guidance (counselee) about how a counselee should overcome various problems live in an individual's life independently properly and correctly and develop the potential of his mind, beliefs, faith, and psychology (Adz-Dzaky, 2001: 137). Then it can be obtained an understanding that there is no crucial difference in the process of giving assistance to individuals, but in Islamic counseling the concept comes from the Qur'an and Hadith.

The foundation that instructs humans to provide assistance in the form of advice or counseling to others is explained in Surah Al-Ashr verses 1-3 which means, "For the sake of time. Really, humans are in a loss. Except those who believe and do good and advise one another for truth and advise one another for patience."

Islamic counseling in general has an implicit goal which already exists within the limits or definition of Islamic guidance and counseling, which is to make individuals have happiness in the world and in the hereafter by becoming fully human. The specific objectives in Islamic counseling as described by Adz-Dzaky (167-168) are: 1) To establish a health, improvement, change, and mental and mental hygiene. Thus the soul will be calm and peaceful (*muthmainnah*), get enlightenment in the form of hidayah and taufik from his Lord (*mardhiyah*), and behave more (*gracefullyradhiyah*). 2) Can provide benefits both to themselves, family environment, social environment, and the natural environment by producing an improvement, change, and politeness behavior in individuals. 3) To bring out and develop a sense of tolerance, solidarity, help, and a sense of affection so as to produce emotional intelligence in the individual. 4) with a desire to obey his Lord, sincerity in obeying all his commands and steadfastness in accepting his test can produce spiritual intelligence in the individual so that it arises and develops

It is not new anymore when Islamic counseling is an approach that directly touches human psychic life, because there has been since the first time the Prophet Muhammad carried out his apostolic duties. At that time counseling was a domian and prominent activity. The practices of the Prophet can be seen in the pattern of interactions that take place between counselors and counselees, both in groups and individually, for example in resolving the problems faced by friends. Thus Islam when it was felt as a necessity of life, and the role of the Prophet as a reference to resolve the problem is the key to the success of the actualization of Islamic teachings, so that the principles carried out by the Prophet in making approaches to the problems faced greatly determine the success of the Prophet in spreading Islamic teachings. (Syaiful, 2011: 4).

From the description above, it can be concluded that the essence of Islamic counseling is to give awareness to clerics to maintain their existence as creatures of Allah SWT, and the purpose of Islamic counseling is to develop human nature, in the hope that guided individuals can become better individuals on the basis of Islamic values contained in the Qur'an and hadith so that they can obtain happiness in the world and in the hereafter.

B. Moral

Moral is a belief about right and wrong, good and bad, which is in accordance with social agreement, which underlies action or thought (Dian, 2013). Moral is based on the values of culture and religion that govern, said a moral person when he can distinguish between good and bad, and act according to existing rules and are considered to be true in general.

Regarding moral itself, there is a special learning which is often referred to as moral education or character education. One well-known figure who developed moral education was Lawrence Kohlberg, especially moral education for children. Lawrence argues that moral is very closely related to the ability to think, but more precisely thinking about which is good and which is bad, which is right and which is wrong, someone whose thinking ability is good will be able to put in his position. Lawrence emphasized, even though morals are related to the ability to think does not mean that someone intelligent will guarantee good morality, there are people who are intelligent, understand what is good and bad, what is appropriate and inappropriate, but in their actions do not reflect that (Dian, 2013)

Because of the above, education is not only related to insults, but how a person is also able to take action according to his understanding, so moral education is very important. Not to mention Indonesia is very thick with its eastern culture, which has ethics, customs, adab which is very guarded. Allah says in the letter Al-Qasas verse 77 which reads:

وَأَحْسِنَ كَمَا أَحْسَنَ اللَّهُ إِلَيْكَ

"And do good (to others) as Allah has done good to you." (QS.al-Qashas: 77)

In the verse explained that as a our humans must prophesy to our fellow beings. Doing good means behaving according to existing rules and values, in accordance with morals. The opposite of moral action is immorality (Ardini, 2012), which is not acting in accordance with existing morals, is against existing rules or values, in short amoral is a negative action, irresponsible, can harm yourself and others.

According to Zakiyah Darajat (1971: 13) factors that influence moral decline include: 1) lack of embedded religious spirit in individuals. 2) the condition of society that is less stable both in terms of economic, social and political. 3) moral education is not carried out accordingly properly in families, schools and in society. 4) a lot of writing or images that are not in accordance with the norm. 5) lack of guidance or a good way to bring moral guidance. 6) lack of guidance and counseling for youth. So it can be concluded that after it was discovered that moral causes as explained above showed that the importance of moral education.

C. Millennial Era

According to millennial generation experts or what is also known as generation Y is the generation born between around the 1980s and the early 2000s. So if it is estimated that the millennial generation is currently aged 18-38 years. According to BPS (Central Bureau of Statistics), around 50 percent of the generation of productive population comes from the millennial generation (Sutijono & Dimas, 2018). This productive age should be able to improve and help

improve the condition of the country, becoming an opportunity for Indonesia to advance.

In general, the millennial generation is marked by the emergence of smartphones, the spread of the internet, and the emergence of social media networks that have a profound influence on the mindset, values and behavior adopted (Nahriyah, 2017; and Hariansyah, 2018, Sutijono & Dimas, 2018). Millennials have unique characteristics compared to previous generations. The generation that is mentioned as the generation of technology, is familiar with all the conveniences offered to make it a generation that is also instant. Miftah (2017) mentions four unique things that stand out from millennial generations based on the results of research from the Boston Counseling Group (BCG) and the University of Barkley, as follows:

1. Milenial generation makes the internet the main source of information, and which becomes an individual source rather than sourced from specialized institutions providing advertising and information, they are more concerned with personal experience than advertising. For example, someone will easily decide to buy a product based solely on a review shared by someone. This is supported by the opinion of Hellen (2012, 24) that the order of influence on this generation changes, which initially the greatest influence on individuals is parents and then friends become the internet.
2. This generation certainly has more sophisticated communication media, the results of the research show that the millennial generation prefers gadgets rather than televisions. This is indeed undeniable because the reality can be seen directly, because with the sophistication of existing technology, even content that is on television can be watched only through smartphones, even the millennial generation has become native streaming or watching generations of streaming, so it is appropriate for this generation will choose more gadgets than televisions.
3. For the third is something that is most visible, namely that the millennial generation must and must have social media. For millennials, not having a social media account is fatal, because it makes it unable to interact, information is hampered and makes people left behind. Even social media can be used as a place for expression and self-actualization, even many consider that they are more recognized in cyberspace than the real world. Finally, interest in reading printed books has dropped dramatically. With the availability of media that allows it to be able to access all kinds of information using only one finger, so that this generation feels that they no longer need conventional books, this is what then triggers the culture of reading books to drop dramatically. In fact, it is predicted that the librarian profession will disappear, because this generation will be very minimal visiting the library.

Method

Writing method is a literature study (review). Data / information is obtained from various literature and is prepared based on the results of studies of the data / information obtained. The literature used includes books, Legislation Regulations, seminar papers, proceedings, print editions and online editions of journals, research results and scientific articles sourced from the internet. The

types of data obtained are varied, both qualitative and quantitative. The collected data is selected and sorted according to the topic of the study. Then the preparation of written works based on data that has been prepared logically and systematically. The data analysis technique is descriptive argumentative. Writing is done by looking at the relevance and synchronization between one data / information one with other data / information in accordance with the topic under study. Next, the conclusions of the paper are then carried out. The conclusion is obtained after referring back to the formulation of the problem, the purpose of writing, and discussion. The conclusions drawn present the subject matter of the paper, and are supported by practical suggestions as further recommendations.

DISCUSSION

D. Model Of Islamic Counseling To Enhance Moral

Islamic counseling certainly has aspects that need to be done. Thus, the model of Islamic counseling can be adjusted and designed in such a way as to be able to provide optimal service. Of course there are various types of Islamic counseling that can be done to improve the morale of students in the millennial era.

Models of Islamic counseling

Counseling	Description of
self regulated methods	Provide knowledge to students that humans are creatures of God, and ensure that human beings are gods who must obey the rules of God, the purpose created by humans is that humans can carry out the mandate accordingly provision (khalifah fil Ardh) assures individuals that every event has a lesson behind it,
leadership	training Provides training to students about leadership, which includes discussion and sharing and guidance from each member regarding leadership.
Dhikr therapy and reading the Qur'an	This method is carried out to provide counseling services which when the counseling process uses dzikir therapy is directed so that the client can calm himself. so that the dhikr therapy can be carried out during the counseling process when the emotions of Klein are unstable or beyond constraints, besides reading the Qur'an, the counselee is expected to have peace of mind, besides the counselee can understand the contents of the Qur'anic verses that have been read in accordance with the problems experienced.

ESQ (Emotional Spiritual Quotient)	ESQ is a combination of emotional spiritual quotient. The goal is to implement Islamic values in everyday life. With the technique of combining all creativity and human sense in one organization of training With learning techniques that optimize use, teaching strategies, Learning Media, Audio visual, Verbal approaches, Personal abilities, Developmental Psychology and Optimization of audience and teacher interaction.
Sufism	Sufism is one trait in which human life lies, meaning the essence of Sufism is that the nature of God and the nature of mankind are inherent in the nature of God. Menurt Abu Hasan Nuri says Sufism is the nature that leaves all self-pleasures, Muhammad bin Ali bin Husayn bin Ali bin Ab Tholib Sufism is a better kindness of understanding. People who have good character are better Sufis (Is'ad, 1973: 22)
Mahfudzot media	This Mahfudzotcontains motivational words and hasiths or verses of the Qur'an so that they can remember by clients

Counclusion

Islamic Counseling is an important service in improving the moral quality of students, especially in dealing with this increasingly advanced era, namely the millennial era, so students need to have strong faith resistance both in terms of spirituality, so that it is not affected by more advanced times such as technology and other uses such as gadgets and so on so that in this case there are several methods that are applied in Islamic counseling in order to provide self awareness to students so that they are not affected and ready to face the millennial era to be strong in their faith For example there are self regulated, leadership training, Sufism etc.

Each model of Islamic counseling has its own advantages, so which of the various models is felt to be in accordance with the needs of the service, the school system and effective use. Thus, from the various types of models, it can be a reference in providing Islamic counseling services. so it is expected that the model applied in the school will be able to develop human nature, with the hope that guided individuals can become better individuals on the basis of Islamic values contained in the Qur'an and hadith so that they can obtain happiness in the world and in the hereafter.

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