

CONTENTS

Preface	i
Contents	iii
Konseling Islam di Malaysia Md Noor bin Saper	1
Dzikir Relaxation to Develop Emotional Intelligence in Overcoming Bullying Problems in Adolescents Lina Karlina Supriyanti, Yuliana, and Nur Nikmah	10
ICD (Islamic Counseling Da'wah): Establishing a Healty Personality Teenagers in The Millennial Era Zulfa Mawadah and Siti Asianty Alizar	22
3 Magic Question: Islamic Psychoeducation Group Program With Problem Solving Techniques to Reduce Juvenile Delinquency Amirah Dzatul Himma and Etika Meiranti	30
Dhikr As an Effort to Improve The Psychological Well-Being of Adolescent Livia Safira and Ikhfatul Aulyah	35
The Relationship Between The Intensity of Reciting Qur'an and The Harmonious Family (On The Wife in The Family of Halaqah Community in Mampang Prapatan Sub-District) Bilqis Khoirul Untsa, Abdullah Hakam Shah, and Rizqi Maulida	46
Suharto Text Religious Values in Development of Indonesian Nation Characters Restu Dwi Ariyanto	57
Konseling di Era Milenial: Strategi Bimbingan Konseling Islam dalam Mengatasi Krisis Spiritual pada Remaja Nurhasanah dan Fatimah Az-Zahra Abdillah	66
Writing Therapy As a Technique in Islamic Guidance and Counseling Hairunnisa Br Sagala and Mariana Libra Rambe	73
Peran Konselor dalam Meningkatkan Perencanaan Karier Siswa Silvia Yula Wardani dan Rischia Pramudia Trisnani	79
Alternative Actions in Overcoming Learning Difficulties (A Case Study at SMA Negeri 15 Bandung) Tatang Hidayat and Munawar Rahmat	84

Bimbingan Kelompok Teknik Psikodrama untuk Meningkatkan Keyakinan Diri Akademik Peserta Didik Azwar Khairi dan Yusi Riksa Yustiana	104
Islamic Counseling Based Spiritual Learning Project: An Alternative Counseling For Millennium Era Fuad Aminur Rahman and Caraka Putra Bhakti	113
Optimalisasi Layanan Cybercounseling sebagai <i>Problem Solving</i> Remaja Afifatuz Zakiyah, Arina Rijki Aulia, Efa Findriani, dan Hasriani	124
Bimbingan Kelompok Berbasis Nilai Ajaran Islam Untuk Meningkatkan Orientasi Masa Depan Siswa Galih Fajar Fadillah, Alfin M. K., dan Ernawati	134
Pengembangan Model Layanan Bimbingan dan Konseling Bagi Mahasiswa Di PTKIN Imam Mujahid, Ernawati, dan Galih Fajar Fadilah	144
Self Instruction (Potential Counseling Technique in School Setting) Rosalia Dewi Nawantara	155
Layanan Konseling Realitas Untuk Menangani Post-Traumatic Stress Disorder (PTSD) pada Anak Korban Kekerasan Seksual Amriana dan Misbahul Munir	162
Konseling Individu Teknik Relaksasi Untuk Menurunkan Kecemasan Pasca Bencana dengan Metode Sufi Healing Jelita Hakim, Elifa Hidayatul Hikmah, dan Desiana Barohtun Nikmah .	173
Steps to Do Trauma Healing on Children in Natural Disaster Nurul Azizah Zain, Fathful Firdha Kurniawan, and Catur Ramadhony .	180
Counseling on Natural Disaster: Penanganan Trauma pada Anak-Anak Pasca Bencana Alfiah Khasanah dan Adzkie Adha Amalia	190
Community Therapy Service at The Resident (Study at The Social Rehabilitation Social Institution For Drug Abuse Victims "Satria" in Baturaden) Nur Azizah	196
Career Guidance and The Policy in Preparing of the Future of The Child Development (Research at Sukamiskin Institute of Special Coaching in Bandung West Java Indonesia) Siti Chodijah and A. Z. Muslih T	209

Traumatic Counseling Services As an Efforts to Improve Resilience Victims of Natural Disaster Hayatul Khairul Rahmat	233
Counseling Guide to Parent Intervention in Children Earthquake Disaster Victims Ferianti, Khorido Hidayat, and Ayu Andriyani	230
Disruption Era: Opportunity or Threat for The Counselor? Azmi Mustaqim	235
<i>Strength Based Counseling</i> : Sebuah Pendekatan Inovatif Bagi Konselor Sekolah Sri Rahmah Ramadhoni, Mungin Eddy Wibowo, dan Ummu Kalsum	243
Remaja dan Perilaku Menyimpang (Studi Kasus Remaja di Jakarta Barat dan Selatan) Nisrina Nurherwinda dan Nurain Kodimia	254
Komunikasi Perceraian (<i>Broken Home Communication</i>) Marisah Putri Yani dan Napi'ah	259
Counseling Perspective in Digital Era (Challenge of Counselors in The Digital Era) Syariful and Lalu Nurul Anwar	266
Bimbingan dan Konseling Islam dalam Menghadapi Revolusi Industri 4.0 M. Yudi Ali Akbar	273
Islamic Model to Improve Student Morals in Milenial Era Emilia Nurpitasari, Bayu Selo Aji, dan Cucu Kurniasih	282
Anak Usia Dini, Pembelajaran Aktif dan Bimbingan Kelompok di Era Milenia Agustin Lisnawati, Rizki Nur Hasanah, dan M. Khoirul Hadi Al Asyari ..	290
Radikalisme: Pendekatan Analisa Konseling Rational-Emotif Ahmad Sarbini, Dudy Imanuddin, Dede Lukman, dan Herman	298
Konsep Bimbingan dan Konseling Pribadi-Sosial dalam Pengembangan <i>Positive Mental Attitude</i> Generasi Z In Handayani dan Desi Alawiyah	321