

Strengthening Innovation of Islamic Guidance and Counseling Services for Sustainable Growth Society

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Abstract

Being innovative is a challenge in today's counseling world due to rapid changes. For this reason, it is important to strengthen the innovation of Islamic guidance and counseling services in a sustainable growth society. In this case, a combination of all existing Islamic values is needed to be linked through the integration of cyberspace and the physical space of society. Islamic guidance and counseling within the framework of spiritual counseling harnesses the power of prayer and affirmations, spiritual healing and touch, and spiritual conversation. The purpose of spiritual counseling is to help people discover their spiritual selves. The key to the innovation of Islamic guidance and counseling services is based on three values, namely Iman which is an aspect of faith, Islam which is an aspect of worship, and Ihsan which is an aspect of Sufism. As a Moslem innovator, we need to adopt a comprehensive strategy in the advancement of Islamic counseling. Innovative ideas must not only focus on the client's perspective, but must also look into the practitioner's perspective.

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The challenge in today's counseling world is to be innovative. Innovation has become a basic need because changes are so fast that many millennial are becoming consultants, so every profession needs to innovate. This innovative counseling approach emphasizes the interconnectedness of body, mind and spirit in community recovery and healing.

A sustainable society refers to the three main elements of human existence, such as economy, ecology, and humankind. These three elements are certainly useful for fulfilling human needs or desires, then creating three dimensions of human existence such as biological, social, and spiritual. To strengthen Islamic counseling services, it requires a combination of all existing Islamic values to be linked through the integration of virtual space and physical space of the community. Islamic guidance and counseling within the framework of spiritual counseling harnesses the power of prayer and affirmations, spiritual healing and touch, and spiritual conversation. A spiritual or psycho-spiritual counseling approach supports the client's belief and value system. It integrates the client's

essence support system and promotes spiritual growth and development. The goal of spiritual counseling is to help people discover their spiritual selves.

The key to the innovation of Islamic guidance and counseling services is based on three values, namely Islam which is an aspect of faith, Islam which is an aspect of worship, and Ihsan which is an aspect of Sufism. As for the key of the innovation of Islamic guidance and counseling services is presented in **Figure 1**.

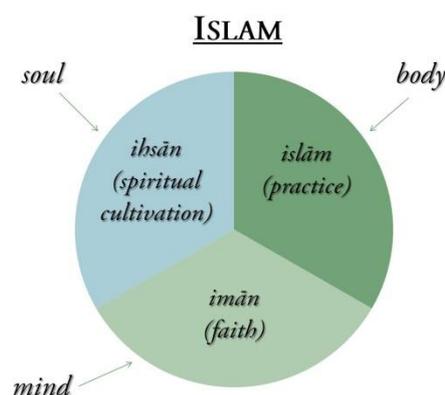


Figure 1. The Key of Innovation of Islamic Guidance and Counseling

Adopted from the suggestion of Haque et al. (2016), several ideas to strengthen the innovation of Islamic guidance and counseling services are as follows.

- Unification of western psychological models with Islamic belief and practices.
- Research on historical Islamic psychology and its rebirth.
- Development of theoretical models and frameworks within Islamic psychology.
- Development of interventions and techniques within in Islamic psychology and framework.
- Development of assessment tools and scales normed for use with moslems.

As a Moslem innovator, we need to adopt a comprehensive strategy in our progress. Innovative ideas must not only focus on the client's perspective, but must also look into the practitioner's perspective.

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